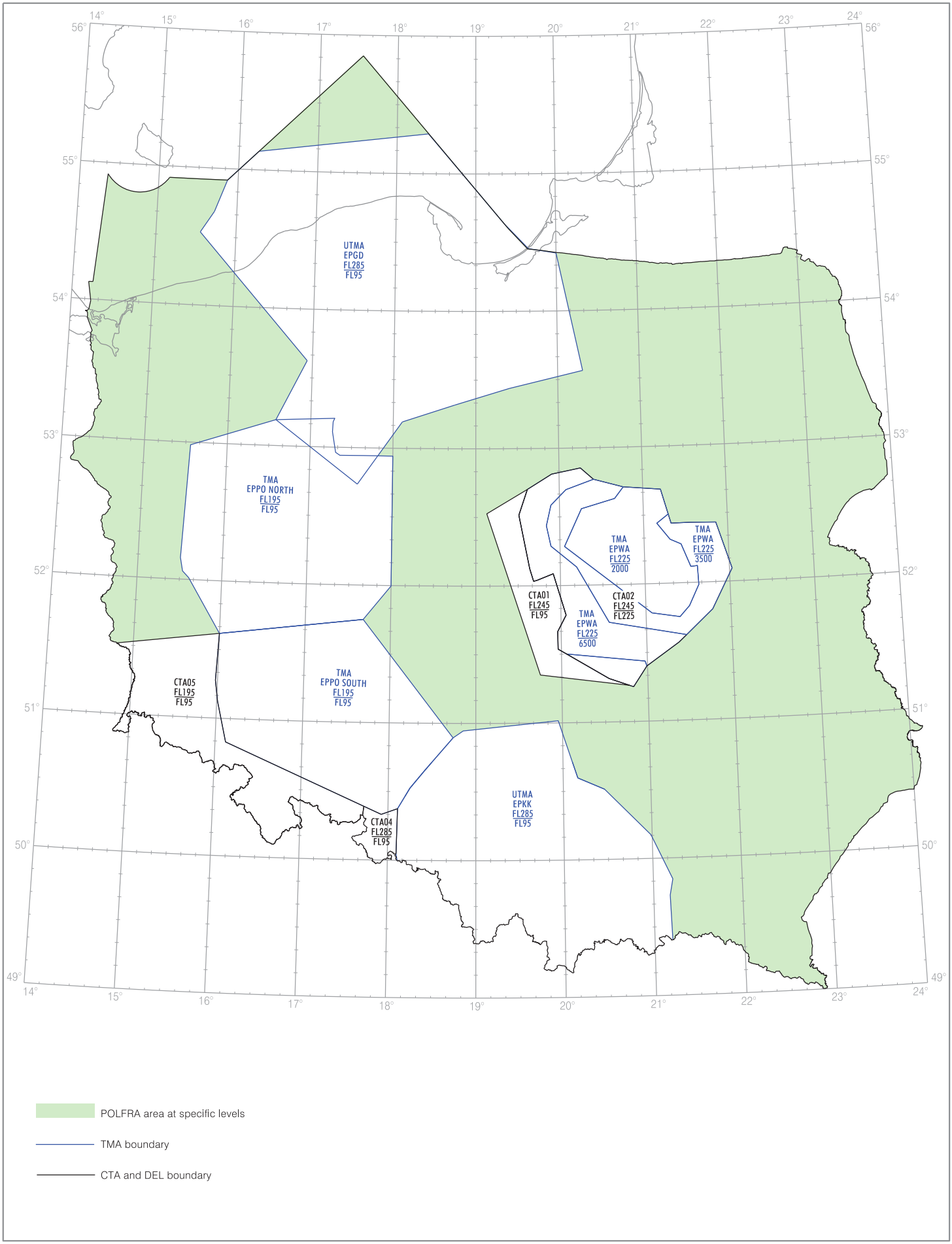POLFRA AREA FL145 - FL195